

# School Year Class Schedule

## Monday (A)

Parent and Me  
9:30 am to 10:15 am

Family Class  
11:00 am to 11:45 am

Adult Day Class  
12:00 noon to 12:45pm

After School Program  
2:30 pm to 5:30 pm

Family Class (all ranks)  
5:45 pm – 6:30 pm

## Thursday (B)

After School Program  
2:30 pm to 5:30 pm

Little Ninjas  
5:30 pm to 6:00 pm

Little Dragons  
6:00 pm to 6:45 pm

Family Class (all ranks)  
6:45 pm – 7:30 pm

Adult Class (all ranks)  
7:30 pm – 8:15 pm

## Tuesday (A)

After School Program  
2:30 pm to 5:30 pm

Little Ninjas  
5:30 pm to 6:00 pm

Little Dragons  
6:00 pm to 6:45 pm

Family Class (all ranks)  
6:45 pm – 7:30 pm

Adult Class (all ranks)  
7:30 pm – 8:15 pm

## Friday (B)

Parent and Me  
9:30 am to 10:15 am

Family Class  
11:00 am to 11:45 am

Adult Day Class  
12:00 noon to 12:45pm

## Wednesday (B)

After School Program  
2:30 pm to 5:30 pm

Family Class (all ranks)  
5:45 pm – 6:30 pm

## Saturday (A)

Little Ninjas  
9:30 am to 10:00 am

Little Dragons  
10:15 am to 11:00 am

Family Class (all ranks)  
11:15 am – 12:00

Adult Class (all ranks)  
12:15 pm – 1:00 pm

**\*Open Mat on Saturdays – 1:00 pm to 2:00 pm\***

**\*Closed Holidays: 7/4, 9/2, 10/14, 11/11 \* \*Winter Shutdown: 12/23 – 1/2/2025\***