

# Summer 2024 Class Schedule

## Monday

Parent and Me  
9:30 am to 10:15 am

Family Class  
11:00 am to 11:45 am

Adult Day Class  
12:00 noon to 12:45pm

## Tuesday

Little Ninjas  
5:30 pm to 6:00 pm

Little Dragons  
6:00 pm to 6:45 pm

Family Class (all ranks)  
6:45 pm – 7:30 pm

Adult Class (all ranks)  
7:30 pm – 8:15 pm

## Thursday

Little Ninjas  
5:30 pm to 6:00 pm

Little Dragons  
6:00 pm to 6:45 pm

Family Class (all ranks)  
6:45 pm – 7:30 pm

Adult Class (all ranks)  
7:30 pm – 8:15 pm

## Friday

Parent and Me  
9:30 am to 10:15 am

Family Class  
11:00 am to 11:45 am

Adult Day Class  
12:00 noon to 12:45pm

## Saturday

Little Ninjas  
9:30 am to 10:00 am

Little Dragons  
10:15 am to 11:00 am

Family Class (all ranks)  
11:15 am – 12:00

Adult Class (all ranks)  
12:15 pm – 1:00 pm

Open Mat on Saturdays – 1:00 pm to 2:00 pm