



Class Schedule

Little Ninjas

Tuesday & Thursday – 5:30PM to 6:00PM

Saturday – 9:00AM to 9:30AM

Little Dragons

Tuesday & Thursday – 6:00PM to 6:45PM

Saturday – 9:45AM to 10:30 AM

Family Program

Tuesday & Thursday – 6:45PM to 7:30PM

Saturday – 10:45AM to 11:30 AM

Teen and Adult Program

Tuesday & Thursday – 7:30PM to 8:15PM

Saturday – 11:45AM to 12:15PM

OPEN MAT Saturdays from 12:30PM to 2:00PM